

CHARACTER SKILLS

PERFORMANCE

HARDWORKING: Paying the price with effort
COMPETITIVE: Striving to be your best
POSITIVE: Good and useful thinking
FOCUSED: Eliminating distractions
ACCOUNTABLE: Taking responsibility for your actions
COURAGEOUS: Stepping outside your comfort zone
RESILIENT: Bouncing back from setbacks
CONFIDENT: Trust in your self that you can handle whatever you face
ENTHUSIASTIC: Expressing enjoyment
DISCIPLINED: Self-regulating
MOTIVATED: Having a strong purpose
CREATIVE: Out of the box thinking
CURIOS: Desiring to learn or understand

LEADERSHIP

UNSELFISH: Putting the team first
HONEST: Telling the truth
RESPECTFUL: Showing consideration
APPRECIATIVE: Recognizing the good in someone or something
HUMBLE: Distributing credit
PATIENT: Tolerating delay or struggle
LOYAL: Showing allegiance
TRUSTWORTHY: Being reliable
TRUST-WILLING: Relying on others
ENCOURAGING: Giving confidence and support
SOCIALLY AWARE: Understanding signals sent and received
CARING: Investing in the person
EMPATHETIC: Sharing the feelings of others

POST GAME REFLECTION

What went well?

What did I learn?

What will I do better next time?

Score (0-7)

- Character Skill
- Performance Goal